

Ostfriesische Sieben 2026: 10km – Männer

| Platz | Name                | Jahrgang | Verein                  | Berglauf | Matjeslauf | Polderlauf | middenmang Loop | Delftlauf | Appel-Loop | Silvesterlauf | Gesamt |
|-------|---------------------|----------|-------------------------|----------|------------|------------|-----------------|-----------|------------|---------------|--------|
| 1     | Bartsch, Peter      | 1976     | Stadtsporbund Emden     | 97       | 96         | 96         | 97              | 0         | 0          | 0             | 386    |
| 2     | Mund, Holger        | 1971     | Schlootläufer E-Fehn    | 96       | 95         | 97         | 96              | 0         | 0          | 0             | 384    |
| 3     | Hallmann, Hermann   | 1962     | Emder LG                | 95       | 94         | 95         | 95              | 0         | 0          | 0             | 379    |
| 4     | Sebastian, Wolfgang | 1971     |                         | 94       | 93         | 94         | 94              | 0         | 0          | 0             | 375    |
| 5     | Alberts, Thomas     | 1981     |                         | 92       | 92         | 93         | 93              | 0         | 0          | 0             | 370    |
| 6     | Tamminga, Kai       | 1974     | EmderLg                 | 91       | 90         | 91         | 90              | 0         | 0          | 0             | 362    |
| 7     | Heerspink, Gerd     | 1981     |                         | 90       | 88         | 90         | 91              | 0         | 0          | 0             | 359    |
| 8     | Doden, Alfred       | 1958     | LT TuS Holtriem         | 89       | 89         | 92         | 89              | 0         | 0          | 0             | 359    |
| 9     | Reimers, Daniel     | 1983     |                         | 88       | 87         | 89         | 87              | 0         | 0          | 0             | 351    |
| 10    | Hummerich, Ludwig   | 1960     | Emder LG                | 87       | 86         | 88         | 88              | 0         | 0          | 0             | 349    |
| 11    | Heinken, Mathias    | 1993     | Raiffeisen-Volksbank eG | 0        | 100        | 100        | 100             | 0         | 0          | 0             | 300    |
| 12    | Weermann, Klaus     | 1974     | Emder Lg                | 99       | 99         | 99         | 0               | 0         | 0          | 0             | 297    |
| 13    | Richter, Wolfgang   | 1978     | Emder LG                | 0        | 98         | 98         | 99              | 0         | 0          | 0             | 295    |
| 14    | Spormann, Stephan   | 1978     |                         | 98       | 97         | 0          | 98              | 0         | 0          | 0             | 293    |
| 15    | Sandomier, Stefan   | 1983     | Crocodiles Ihlow        | 93       | 91         | 0          | 92              | 0         | 0          | 0             | 276    |
| 16    | Weermann, Fabian    | 2005     | Braunschweiger Laufclub | 100      | 0          | 0          | 0               | 0         | 0          | 0             | 100    |